

# **BHARTIYA BHASHA, SIKSHA, SAHITYA EVAM SHODH**

**भारतीय भाषा, शिक्षा, साहित्य एवं शोध**



**ISSN 2321 – 9726**

*An Internationally Indexed Peer Reviewed & Refereed Journal*

**WWW.BHARTIYASHODH.COM**  
**www.isarasolutions.com**

Published by iSaRa Solutions

# BBSES

2016

Volume 7



राजस्थानी लोक कथाओं में नारी की सामाजिक स्थिति .....	5
Dr. Rinku Mundra .....	5
A STUDY ON-THE IMPACT OF PHYSICAL FITNESS AND ALPHA MEDITATION TRAINING ON THE PHYSICAL FITNESS AND PSYCHOLOGICAL FACTORS OF ADOLESCENTS .....	9
Mr. Shivakumar Bheemsha .....	9
ARTICLE .....	23



